Table of Contents

*Each chapter and sub-section is hyperlinked. Simply press the "control" key and left click the mouse/touchpad to go directly to that section. Acknowledgements INTRODUCTION......Page 7 Chapter 1 The Story of Juna: Re-constructing Childhood Trauma: "It's not the soul of your life" The Orientation of this Dissertation Rationale for this Research: What difference could re-constructing trauma make? The Research Questions and Outline of Dissertation Chapters SOCIAL CONSTRUCTION.....Page 12 **Chapter 2 Social Construction Orienting Principles Criticisms of Social Construction and Counter Arguments** Language and Terms. What do words mean anyway? Summary of the Terms Used in the Dominant Discourse Vs Post-Modern Concepts of Trauma THE CONSTRUCTION AND DOMINANT DISCOURSE OF TRAUMA: MAINSTREAM **Chapter 3** LITERATURE AND EXPERIENCES......Page 30 Definitions of and Impairments in Childhood Development from Trauma The ACES (Adverse Childhood Experiences Study): More impairments from childhood trauma The Binary Position of Blame The Stigma of Mental Health The Social Construction of Mental Illness The Social Construction of Trauma: A Literature and Media Review OTHER VOICES IN TRAUMA DISCOURSE......Page 53 Chapter 4 The Trauma Informed Approach Trauma Informed Systems of Care

Culture and the Construction of Trauma

Resilience

Posttraumatic growth and Resilience: The Evolution Continues

Chapter 5	NARRATIVES, IDENTITY AND TRAUMAPage 63
The Power of	Stories
Contextual D	imensions in How Stories are Told
The Risks and	Benefits of Telling a Trauma Story
Narrative The	erapy
Chapter 6	COLLECTIVE STORY TELLING, CULTURE AND COMMUNITIESPage 79
Public Testim	ony and Stories of Trauma
Community S	itory Telling and Healing
The Power of	Connection and Empathy in Creating Space for Growth
A Collective F	Response to Trauma in the Western World
Chapter 7	THE RESEARCH PROCESS IN ACTIONPage 99
The Research	Question
The Role of the	he Researcher in Research
Research Me	thod: A Listener's Guide
How to Use t	he Listener's Guide
Research Dec	cisions and Description of Methods Used
First Interview	ws
Second Interv	views
Third Intervie	ews
Focus Groups	5
Focus Group	with Community Members #1
Invitation and	d Forum Process
Focus Group	with Community Members #2
Focus Group	with Practitioners at a Trauma Conference
Structure and	Format of the Practitioners Focus Group
Research Me	thods Summary: Diagram
Chapter 8	EMILY'S STORY (INTERVIEW # 1)Page 119
Emily's Story	from her Perspective
The Analysis	Paralysis
The Research	er's Participation in the Story
I-Poem for Er	nily
Voices in the	Story of Emily –The Minimizer Voice
	-The Wise Voice

-The Victim Voice		
-The Resilient Voice		
Chapter 9 LANDON'S STORY (INTERVIEW # 1)Page 143		
Landon's Story from his Perspective		
Role of the Researcher in the Interview		
I-Poem for Landon		
Voices in the Story of Landon -The Victim Voice		
-The Resistant Voice		
-The Resilient Voice		
The Focus on the Victim, Resistant and Resilient Voices-Victim Voices		
-Resistant Voices		
-Resilient Voices		
Second Interviews and Reflections and Next Steps		
Chapter 10 THE GENERATION OF THE STORY SHIFTER FRAMEWORKPage 16	i 0	
Introduction to the Concept of Story Shifters		
What is a Story Shifter? Shape Shifters and Story Shifters		
The Dimensions of Discursive Context and their Story Shifters		
Discursive Context		
The Story Shifters:		
The Discursive Context Dimension of Relational Activity		
A Stance of Not Knowing		
The Nature of the Relationship and the Establishment of Safety and Trust		
Meaning of Response While Telling the Story		
A Shared Experience		
The Discursive Context Dimension of Culture and Linguistics		
Knowledge Generation as a Story Shifter		
Media as a Story Shifter		
Social Constructs as a Story Shifter		
Language as a Story Shifter		
Summary		
Diagram Figure of the Story Shifter Theoretical Framework		

-The Resistant Voice -The Pleaser Voice

Chapter 11 THE MEANING STORY SHIFTERS MIGHT HOLD FOR OTHERS.......Page 203

Feedback on the Story Shifter Framework from Individuals and a Family (who were not part of a focus group) Conversations Summaries from the Community Focus Group #1 Individual Feedback from the Community Forum #1 on the Story Shifter Framework Conversations Summaries from the Community Focus Group #2 Feedback from the Practitioners Focus Group at a Trauma Conference Final Interview with Landon and Emily Reflections from Landon Reflections from Emily			
Summary of Focus Groups			
Chapter 12 POSSIBILITIES FOR THE FUTUREPage 221			
Considerations for Applying the Story Shifter Framework to Other Settings			
Education			
Other Fields in Mental Health			
Other Professions			
Therapeutic Setting			
Community Setting			
In Other Cultures			
Limitations of the Story Shifter Framework			
Resources: A Tool for Consideration			
Resilient and Growth Rating Scale			
Future Research and Opportunities			
In Summary			
ReferencesPage 233			
AppendicesPage 252			
Addendum #1 Additional Information: Harry Potter and BoggartsPage 258			
Addendum #2 Additional Information: Discursive Context			