

Now I See A Person Institute

Promoting hope and collaborating for change

Now I See A Person Institute specializes in the Community Engagement Recovery Model with Equine Assisted Psychotherapy (EAP) in a naturalistic environment located in Los Angeles County, California. The Institute's founder, Dr. Susan Swim, is internationally, nationally, and locally known for providing Innovative psychotherapy, teaching, research, publications, supervision, organizational development, and life coaching for the last three decades.

Now I See A Person Institute (NISAPI) offers a culturally-sensitive, evidence based approach for sustainable change in individuals, couples, families, and their communities. Horses provide a medium for psychotherapeutic growth and change, especially when conventional avenues have not been satisfying. With the use of horses, a safe and nurturing environment is created. In partnering with horses, a background develops for successful therapeutic discourse. At NISAPI mental health and substance services are devoted to serving populations that are high risk or populations who have experienced significant trauma in service area 2. The majority clients are referred by DCFS, Victims of Crime (VOC), or others requesting our specialty services of recovery practice with Community Engagement: A Collaborative Recovery Model (CEACRM). Most clients are referred due to the crisis and significance of trauma, because traditional means of therapy were unsuccessful, they or their families are considered resistant and non-compliant, or they had not experienced success and considered unchangeable (chronically continuing in self-harm or harm to others, unchangeable symptoms) in other modalities (therapy, hospitalizations, wrap around, in home therapy). NISAPI engages the client and the client's community (e.g., foster parents, biological parents, social workers, biological family members, parole officers, teachers, etc.) in therapy surrounded by horses and nature, therein providing an open space—the “safe zone” - that invites dialogue. In this environment, clients learn to speak the “unspoken” and address problems or emotional burdens (perhaps for the first time) in a genuine and honest manner. Change often occurs in the first sessions. As part of our recovery model we provide individual and relational therapy to most of our clients with a team of therapists.

SERVICES PROVIDED FOR:

Individual, couples, families children & adults, At-risk Youth, Mental Health & Substance Issues (Mental illness, Trauma, Grief, PTSD, Autism, ADHD, Asperger's, Foster Families, Reunification, Adoption Adjustment, Parenting, Partner Relational Conflicts, Parent/Child Conflicts, Veterans) Located Chatsworth, CA

NOW I SEE A PERSON INSTITUTE

AN APPROVED MEDI-CAL PROVIDER,
MANAGED CARE PROVIDER, AND
TAX-EXEMPT 501(C)3 NON-PROFIT CORPORATION

WEBSITE:

WWW.NOWISEEAPERSON.COM

FOR MORE INFORMATION, CONTACT:

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