Welcome You to...

**Beyond the Therapeutic State:**
**Collaborative Practices for Individual and Social Change**

June 26-28, 2014 in Drammen, Norway

Host:

*Buskerud and Vestfold University College*
Thank you!

We extend a heartfelt THANK YOU to all those who donated generously to support the “scholarship fund” providing support to make it possible for those in need of support to attend this event.

Maria Bark
Margit Epstein
Tor Fjeldstad
Ken Gergen
Family Care Foundation
Vidar B. Johansen
Per Arne Lidbom
Susannah Melville

Paul J. Millea
Louisa Putnam
Barbara Reed Hartman
Karin Roth
Hugo Ruymbeke
Werner Schütze
Nina Tollefsen

And a special Thanks to

Buskerud and Vestfold University College,
Faculty of Health Sciences

For their support and contributions that helped to make this conference possible.
Thank you!

We also want to THANK the sponsoring organizations. They helped to spread the word about the conference throughout the world.

- AFTA – American Family Therapy Academy, USA
- The Athenian Institute of Anthropos, Greece
- BDF 6.0 Bateson, Deleuze, Foucault "seminario permanente a cura di Pietro Barbetta"
- Brief Dialogical Therapy Institute, Nicosia
- Centro Isadora Duncan: cooperativa social e via muratori
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- Clanwilliam Institute – Ireland
- Cyprus Society of Family Therapy
- Deutsche Gesellschaft für Verhaltenstherapie e. V
- Diakonhjemmet University College; Master program in family therapy and systemic practice
- Dialogpraksis (Dialogical Practice) - Norway
- Eastside Institute - USA
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- Gjøvik University College – Norway
- GpG NRW - Gesellschaft für psychische Gesundheit in Nordrhein-Westfalen gemeinnützige GmbH

- Houston Galveston Institute - USA
- Human Systems Journal – Europe
- Institute of Reflexive Practices, Lausanne
- MICS - Marburg Institute for Collaborative Studies - Germany
- Narrativ Group - Czech Republic
- The Norwegian Church Foundation for Public Family Therapy Centres – Norway
- The Norwegian Family Therapy Association – Norway
- Open Dialogue - UK
- Psychosozialer Trägerverein Solingen - Germany
- RATI - Finland
- ROBUST - Norway
- Scuola sistemico-dialogica di Bergamo – Italy
- SIA Systemisches Institut für Achtsamkeit – Germany
- Social Therapy Group - USA
- Society for Descriptive Psychology - USA
- Western Lappland Health Care district – Finland
- Yael Elya Institut - Germany
Schedule at a Glance

**Thursday, June 26th**

16:00 – 18:30  Welcome and Opening Plenary - Auditorium  
The Dean of the Faculty of Health Sciences, Buskerud and Vestfold University College: Dr. Heidi Kapstad  
Planning committee: Ottar Ness, Sheila McNamee, Carina Håkansson, Mary Gergen and John Pihlaja  
Keynote: Kenneth J. Gergen - A Relational Recovery from the Rage to Order  
with comments by Eugene Epstein and Billy Hardy

18:30 – 19:30 – Welcome Reception – in the Cantina (1 drink ticket per person then Cash Bar)  
Dinner on your own

**Friday, June 27th**

8:30  Plenary in Auditorium  
Keynote: Robert Whitaker - *Rethinking Psychiatric Care: Alternative Programs That Are Models for Reform*  
with comments by Eugene Epstein and Sheila McNamee  
Keynote: Olga Runciman - *The Hearing Voices Network: An Example of a Postpsychiatric Future?*  
with comments by Eugene Epstein and Sheila McNamee

10:40 – 11:10  Break

11:10 – 12:40  Workshop session 1 - Share, Explore, Dream  
*How does this way of working point toward a post-therapeutic state?*  
Choose one to attend. If the workshop is full, please choose an alternate to attend.

12:40 – 14:00  LUNCH – In the Cantina

14:00 – 15:30  Plenary in Auditorium  
Keynote: Sami Timimi - *The MacDonaldisation of Children’s Mental Health in the Era of Globalization*  
with comments by Harlene Anderson and John Shotter

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<tr>
<td>15:30 – 16:00</td>
<td>Break</td>
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<tr>
<td>16:00 – 17:30</td>
<td>Workshops session - Share, Explore, Dream</td>
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<td><em>How does this way of working point toward a post-therapeutic state?</em></td>
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<td>Choose one to attend. If the workshop is full, please choose an alternate to attend.</td>
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<td>17:30 – 19:30</td>
<td>Poster and Paper presentations – Reception in the Cantina</td>
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**Dinner on your own – then everyone is invited to join us for.....**

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<th>Time</th>
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<tr>
<td>21:00 – 22:30</td>
<td>Friday Nite at the Movies - The Therapeutic Horror Picture Show: A Cinematic Collage</td>
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<td>Hosted by Eugene Epstein, Lothar Duda and Manfred Wiesner</td>
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<td>LOCATION - At the Union Brygge Hotel</td>
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**Saturday, June 28th**

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<tr>
<td>9:00</td>
<td>Plenary in Auditorium</td>
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<td>Keynote: Carina Håkansson, Hampus Granberg and Hanna Lundblad –</td>
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<td><em>The Extended Therapy Room</em></td>
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<td>with comments by Leticia Rodriguez and John Pihlaja</td>
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<td>10:30 - 11:00</td>
<td>Break</td>
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<td>11:00-12:30</td>
<td>Workshops session 3 - Share, Explore, Dream</td>
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<td><em>How does this way of working point toward a post-therapeutic state?</em></td>
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<td>Choose one to attend. If the workshop is full, please choose an alternate to attend.</td>
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<td>12:30 -14:00</td>
<td>LUNCH – In the Cantina</td>
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<td>14:00 – 16:30</td>
<td><em>Dream Weaving: Exploring Possibilities – Generating Next Steps</em></td>
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<td>In the Cantina</td>
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<td>Whole Group dialogues in circles of 10 for visions, dreams, and next steps</td>
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<td>Dream Weavers facilitate</td>
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<td>16:30-17:00</td>
<td>Break</td>
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<td>17:00-18:00</td>
<td>Closing Plenary: New Beginnings and Possibilities – In the Cantina</td>
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<td>19:30</td>
<td><strong>Gala Dinner</strong> - pre-paid event.</td>
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<td><em>Bring your dinner ticket - 1 drink ticket per person, after that, Cash Bar.</em></td>
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Where are things happening?

Plenary Keynote Presentations – In the Auditorium

Bookstore – Located in room U2502
Bookstore Hours – The bookstore will be open in the morning before the plenary, at breaks, lunchtime, and at the end of the day. It will not be open during sessions.

Conference Registration – Located in the lobby. Pick up your nametag and conference materials on Thursday from 13:00 – 16:00 or on Friday morning from 7:30 – 8:30. Please wear your nametag throughout the conference.

Lunch - Friday and Saturday – In the Cantina

Dream Weaving Post-It Boards – Everyone is invite to share their thoughts, ideas, conversations, collaborations, future visions, etc. – In the Cantina

Saturday Afternoon whole conference program – In the Cantina

Gala Dinner – In the Cantina

See the map included in your packet.

Free Wi-Fi for participants:

- Username: hibuguest
- Password: hibuguest
Workshops at a Glance

Friday, 11:10 – 12:40
Workshop session 1 – choose one workshop to attend.

Room - U4505
“Expert Therapeutic” Discourse: A Contextualized Look at its Influence, Alternatives, and Counter-Practices - Tom Strong, Monica Sesma Vazquez, Karen Ross, Tanya Mudry, Emily Doyle, Barbara Pickering

Room - U3505
Challenges that Therapists Face When Collaborating with Families and Children Living in Situations of Social Injustice - Leticia Rodriguez

Room - Auditorium
Changing the Traditional Mental Health System’s Treatment of Psychosis - Daniel Mackler

Room - U4504
Mindfulness: Fulfilling the Promise at Last, with a Relational View - Donald McCown

Room - S6502
Monitoring as the Co-Creation of a Culture of Feedback and a Space for the Client’s NO – Karine Van Tricht

Room - S6206
Creating Crazy Patchworks: A Rhizomatic View on the Co-Construction of Self stories in Therapy - Jasmina Sermijn, Gerrit Loots

Room - U5110
Creating Dialogical Space: How Generative Research Can Transform Social and Healthcare Networks by Using Professional’s Narratives to Redefine Mental Health and Orient Public Health – Susan Kay Mossman Riva

Room - S4502
Dialogical Space – The Celebration of Infinity - Anne Hedvig Vedeler

Room - U6507
Family Constellations as Collaborative Practice - Ellen Raboin

Room - M5301
Leading and Organizing Therapeutic Outcomes Beyond the Therapeutic State - Ottar Ness, Jacob Storch

Room - S6207
Schizoanalysis in Dialogue - Pietro Barbetta
Friday, 16:00 – 17:30
Workshop session 2 – choose one workshop to attend.

Room - S6206
Collaboration and Dialogue: Conceptual Siblings as Helpers for Searching Therapists - Rolf Sundet

Room - U6502
Internalized Other Interviewing: Deconstructing Prior Patterns and Reconstructing Preferred Patterns of Interpersonal Interaction - Karl Tomm

Room - U4504
Working with Communities in an Appreciative and Collaborative Way - Elspeth McAdam

Room - U4505
Towards Post-Therapeutic Diversity: Stranger Than Fiction - Eugene Epstein, Manfred Wiesner, Lothar Duda

Room - U3505
Children’s Stories, Children’s Solutions: Collaborative Therapy with Children and Families - Jeff Chang

Room - S6207
No Fit State – Working on the Edge of Boundaries - Jeff Faris, Kieran Vivian-Byrne, Mary Morris, Billy Hardy: The Family Institute Team

Room - U5110
Working Relationally in Public Services that Prioritize Diagnosis: Weaving Collaborative Networks of Hope - Glenda Fredman,

Room - S6502
Therapy Interrupted: Performing Social Therapy - Christine LaCerva, Pal Erik Carlin

Room - U4507
No Diagnosis, No Therapy, Just Life-to-Life, Face-to-Face Engagement - Jim Wilson and John Shotter

Room - M5301
Seeing the Strengths and Potential in Young Individuals - Ingebjørg Mæland

Friday Nite at the Movies - The Therapeutic Horror Picture Show: A Cinematic Collage
At the Union Brygge Hotel - 21:00 to whenever
Eugene Epstein, Manfred Wiesner, Lothar Duda
Saturday, 11:00 – 12:30
Workshop session 3 – choose one workshop to attend.

Room - S4502
Diversity in Therapeutic Performances: Transforming the Therapeutic State From Within - Margit Epstein

Room - U3505
Promoting Change: Impacts of an Unusual Clinical Staff Training Program-SYMPA- Systemic Acute Psychiatry - Cornelia Oestereich

Room - U4505
Sleeping with the Enemy: A Solution Focused Approach to DSM - John Pihlaja

Room - Auditorium
Social Justice and Therapy: Strange Bedfellows? - Dan Wulff, Sally St. George, Karl Tomm

Room - M5301
The Great Escape: How a Collaborative Approach can Lead to a Life Free from Anorexia Nervosa - Susannah Melville, Leah Salter

Room - U6507
Relational Constructionist Performance and Practice in Generative Therapy - Edgardo Morales, Frances Ruiz Alfaro, Zoeli Ayala Garcia

Room - S6502
Ohana and the Creation of a Therapeutic Community - Celia Quintas

Room - S6207
Trauma Healing with Prisoners and Crime Survivors - Ellen Barry

Room - U4504
Understanding Individual Suffering in a Diagnostic Culture - Ester Holte Kofod, Mikka Nielsen, Mette Rønberg

Room - S6206
No Social Workers, Psychologists or Psychiatrists: Wanted Someone to Understand - Patricia Miller

Special Offering – all day Friday and Saturday
Room - S5610
Who are you? - Jasmina Sermijn (stop in to see this video presentation)
Keynote Presentations

- **Thursday, June 26 - Opening Plenary**

A Relational Recovery from the Rage to Order, Kenneth J. Gergen

When applied to human action, the empiricist worldview - with its accompanying zeal for prediction and control – is deeply flawed. Its injurious consequences are vividly realized in the domain of “mental health.” A social constructionist alternative to the empiricist worldview opens a space for creative reconstruction, and the development of collaborative alternatives to the failings of the therapeutic state.

Kenneth J. Gergen is a Senior Research Professor at Swarthmore College, and President of the Taos Institute. He has served as president of two divisions of the American Psychological Association, and the Associate Editor of both the *American Psychologist*, and *Theory and Psychology*. Gergen has been a major contributor to social constructionist theory and practice. Among his major works are *Realities and relationships, soundings in social construction; The Saturated Self;* and *An invitation to social construction*. His recent book, *Relational being, beyond self and community*, represents a major contribution to relational theory and practice. Gergen’s work has merited numerous awards, including honorary degrees in both Europe and the US, foundation support, and international fellowships.

- **Friday, June 27 - Morning Plenary**

Rethinking Psychiatric Care: Alternative Programs That Are Models for Reform, Robert Whitaker

The “disease model” of care that American psychiatry has promoted since 1980, which focuses on the regular prescribing of psychiatric care, is now understood to have failed. Outcomes for major mental disorders have, if anything, worsened in the past 35 years. New models of care are needed, and examples of successful programs abound. In the western Lapland region of Finland, a form of care called open dialogue therapy has proven to produce very good long-term outcomes for people who suffer a psychotic break. In Britain, a program that allows for the prescribing of exercise to depressed patients has been shown to be helpful. In the United States, a residential program that provided care to the most disturbed children in California showed that a non-drug approach, which emphasized promoting emotional connections between the children and older mentors, could help the children re-organize their sense of self, and thus gain control over their behaviors. A review of the programs will help illuminate larger principles for rethinking psychiatric care.

Prior to writing books, Robert Whitaker worked as the science and medical reporter at the *Albany Times Union* newspaper in New York for a number of years. His journalism articles won several national awards, including a George Polk award for medical writing, and a National Association of Science Writers’ award for best magazine article. A series he co-wrote for *The Boston Globe* was named a finalist for the Pulitzer Prize in 1998. He also was director of publications at Harvard Medical School for a time.

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**- Friday, June 27 - Morning Plenary**

**The Hearing Voices Network: An Example of a Postpsychiatric Future?**

Olga Runciman

Peter Cambell, a psychiatric survivor, coined the term postpsychiatry when he in an anthology (1996) tried to imagine a world after psychiatry. This concept was later taken up by the Critical and postpsychiatric Network in the UK in close cooperation with the HVN. This keynote, based on Olga’s thesis, will look at why the HVN had to move beyond psychiatry and embrace the postpsychiatric perspective. This will be illustrated through vignettes into the lives of those who have typically been labeled schizophrenic and whose voices have traditionally been silenced.

**Olga Runciman** is the Chair of the Danish Hearing Voices Network as well as psychiatric nurse and now psychologist. She has worked extensively with trauma and abuse in relation to voice hearing and other unusual experiences and do so from a critical psychiatric perspective. She sees the hearing voices movement as postpsychiatric initiative, working towards the recognition of human rights while offering hope, empowerment and access to making sense of one’s experiences within the context of one’s lived life.

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**- Friday, June 27 - Afternoon Plenary**

**The McDonaldisation of Children’s Mental Health in the Era of Globalization,** Sami Timimi

Sami Timimi will explore the issues related to the era of globalisation that has resulted in the global exchange of not only goods, but also ideas and values, resulting in new dangers. The development of universalised therapeutic approaches has inadvertently replicated colonial dynamics by imposing Western notions of self, childhood, and family onto non-Western populations. Not only does this impact children’s emotional well-being, but it also shapes the way we conceptualise children and their problems. These beliefs and practices have facilitated the rapid growth of child psychiatric diagnoses and the tendency to deal with aberrant behaviour or emotions in children through technical – often pharmaceutical – interventions, a phenomenon I refer to as the ‘McDonaldization’ of children’s mental health. Diagnoses do not yet reveal the causes of mental difficulties or provide clear differentiators for treatment. As subjective constructs they are thus vulnerable to ‘commodification’ processes.

**Sami Timimi** is a Consultant Child and Adolescent Psychiatrist and Director of Medical Education in the National
Health Service in Lincolnshire and a Visiting Professor of Child and Adolescent Psychiatry at the University of Lincoln, UK. He writes from a critical psychiatry perspective on topics relating to mental health and has published over a hundred articles and tens of chapters on many subjects including childhood, psychotherapy, behavioural disorders and cross-cultural psychiatry. He has authored 4 books, co-edited 3 books and co-authored 2 others. He co-founded the International Critical Psychiatry Network, is co-founder of the group ‘Culture and Equality in Mental Health’ and has led on many innovations including the Outcome Orientated Child and Adolescent Mental Health Services (OO-CAMHS) project and the Outcome Orientated Approaches to Mental Health Services (OO-AMHS) project.

- Saturday, June 28 - Morning Plenary

The Extended Therapy Room
Carina Håkansson and guests, Hampus Granberg and Hanna Lundblad

We will join with Carina as she shares experiences from a contextual and collaborative practice that includes those we call clients, their families, family-homes and professional "helpers".

Her work is not built upon a medical model and it challenges the foundation of mental illness healthcare as practiced in many places around the world. The program makes use of lived experiences and creates full participation and presence from all of those included in this shared work. Carina will describe this alternative and creative way of practicing the healing art of therapy. Some of the people with whom she works will be participating in the presentation.

Carina Håkansson is the founder and Director of the Family Care Foundation in Gothenburg, Sweden. One of her most important missions is to extend the therapeutic work, in practice, as well as in research and by taking part in social and political movements. For more see: http://www.madinamerica.com/2013/04/carina-hakansson-family-care-foundation/

Hampus Granberg is studying philosophy and is part of a collaborative therapeutic work with Carina. Hanna Lundblad is a psychotherapist at Family Care Foundation.
Descriptions of the Workshops

Workshop Schedule and Program

Friday Morning – 11:10 to 12:40

Room - U4505
“Expert Therapeutic” Discourse: A Contextualized Look at its Influence, Alternatives, and Counter-Practices
Tom Strong, Monica Sesma Vazquez, Karen Ross, Tanya Mudry, Emily Doyle, Barbara Pickering
Increasingly, “expert therapeutic” discourse captures societal, institutional, relational, and individual ways of being. We present on “expert therapeutic” discourse across six different contexts (counselor education, addiction treatment centres, work with incarcerated women and their children, new “addictions”, psychiatrically diagnosed children in families, and “self-diagnosed” postsecondary students). We invite discussion of alternative discourses and counter-practices for each of these contexts.

Room - U3505
Challenges that Therapists Face When Collaborating with Families and Children Living in Situations of Social Injustice
Leticia Rodriguez
This workshop describes the therapeutic work with families with an approach aiming at preventing the use of diagnostic labels, focusing on the creation of collaborative therapeutic networks of inclusion and participation. In our work we face situations in which human rights, poverty, exclusion and social vulnerability are involved. Our work implicates relating foster families, interdisciplinary teams of professionals, social organizations with the State and its public policies. What the therapist needs in this context and how training programs respond to those needs?

Room - Auditorium
Changing the Traditional Mental Health System’s Treatment of Psychosis
Daniel Mackler
Over the past four years I visited many of the world’s most successful mental health programs for psychosis -- and an equally wide swath of treatment-as-usual programs that get poor results. My summation is this: the dominant psychiatric paradigm has it all backwards, yet we have all the information necessary to turn things around and increase recovery rates, dramatically reduce psychiatric drug use, help people avoid disability and diagnosis, and do it for a lot cheaper than the traditional system does it.

Room - U4504
Mindfulness: Fulfilling the Promise at Last, with a Relational View
Donald McCown
In the fast-growing mindfulness-based interventions, client outcomes are measured via self-report, physiological markers, and even brain changes, while the practice is framed as a solitary “going within” to access healing capacities. This highly individualistic view precludes the relational possibilities of mindfulness. A shift of frame, using Gergen’s “relational being,” inspires dialogue, connection, and collaboration—a view of practice that is non-pathologizing, non-hierarchical, non-instrumental, and characterized not by “fixing” but by friendship.
Monitoring as the Co-Creation of a Culture of Feedback and a Space for the Client’s NO
Karine Van Tricht
Empirical research and clinical implementation of monitoring in family therapy is complicated. We developed a multidimensional protocol that can be implemented in the broad field of family therapy. Our ‘Worries Questionnaire’, ‘Dialogical Feedback Tool’ and ‘Dialogical Feedback Scale’ are used as conversational tools which give voice to all participants, especially the most vulnerable (e.g. children or severely mentally ill). The biggest challenge is to create space for the client’s NO.

Creating Crazy Patchworks: A Rhizomatic View on the Co-Construction of Self stories in Therapy
Jasmina Sermijn, Gerrit Loots
In the field of systemic therapy there has been much discussion recently about the narrative self or the ‘self-as-a-story’. This concept refers to the idea that the self is not inherently given, but is narratively constructed in and through the stories which someone tells about himself. The story is thereby not only viewed as a metaphor for selfhood: selfhood is not compared to a story, it is a story. But what kind of story are we talking about here? If the self is a story, what does that story look like? These questions are explored in this presentation. Starting from the possibilities and limitations of traditional and postmodern visions on the self as a story, an alternative vision will be illustrated. By considering the self as a rhizomatic story, we do not only create a useful view on the way narrative selfhood is continually formed within a therapy context, but we also stimulate therapists to release diagnostic looms and to co-construct together with their clients patchworks of self-stories. By using story fragments of our own practice, we illustrate the rhizomatic thinking and its possibilities in therapy.

Creating Dialogical Space: How Generative Research Can Transform Social and Healthcare Networks by Using Professionals’ Narratives to Redefine Mental Health and Orient Public Health
Susan Kay Mossman Riva
Dr. Susie Riva will present qualitative research in mental health, immigrant health, and existential distress related to sexual orientation that was conducted between 2009-2012. Traditional needs assessment methods were combined with social constructionist approaches generating dialogical space, giving voice to the needs of marginalized users within the social and healthcare network. The interviews with professionals generated narratives defining mental health in relation to social, economical and political factors. Our method elicited descriptions that redefine mental health itself. Validation sessions furthered the conversations, followed by report presentations sensitizing regional professional’s practice.

Dialogical Space – The Celebration of Infinity
Anne Hedvig Vedeler
Anne Hedvig Vedeler will share experiences from interactions with students of systemic and collaborative therapy. She will address how an embodied belief in polyphony, fluidity and complexity, invites professionals to contribute to a space which welcomes the freedom of a kind of orientation which is open towards situated, novel, emerging and provisional understanding. This is a promising condition, contesting any notion of everlasting stability or generalization of universal truth.
Room - U6507
**Family Constellations as Collaborative Practice**
Ellen Raboin

Family Constellation processes work with people as part of their biological family systems. This modality starts with the assumption that some things we name mental disorders are unfinished business manifested as cross-generational patterns and experiences. Constellation work aims to unblock the flow of life and love in family systems to support mental stability. In this workshop we will experience a family constellation and debrief the collaborative practices of family constellation and social construction.

Room - M5301
**Leading and Organizing Therapeutic Outcomes Beyond the Therapeutic State**
Ottar Ness, Jacob Storch

The dominant debate around today's therapeutic discussions is in the choice of approaches and ideology. Must they be evidence based research or can we possibly not use this concept of evidence? Little attention seems to be given to the larger organizational and social context of the therapy. Our contention is that much of what's going on in the therapy takes place in and as a consequence of a greater whole. As with children, therapies are shaped according to the circumstances they are put into. We will outline a number of issues as to what a therapeutic organization can do to promote healing therapeutic conditions beyond the therapeutic State. We hope to evade the impasse of the current debate on going in one direction rather than the other, and evidence versus practical judgment.

Room - S6207
**Schizoanalysis in Dialogue**
Pietro Barbetta

I will try to give life to a Rhizome situation. For this it will be necessary to have the help of the group. A Rhizome situation can be described as a space/time session for free associations. A kind of temporary making sense from disorder, creating interconnections between signs, noises, sounds, phonemes, morphemes, images, dreams, descriptions, etc. The exercise could help the group to create a field with no pre-defined traces. This experience, if it works - which is no guarantee at all! - will give us some fragments of schizo-analytical interaction.

**Friday Afternoon – 16:00 to 17:30**

Room - S6206
**Collaboration and Dialogue: Conceptual Siblings as Helpers for Searching Therapists**
Rolf Sundet

Experiences from using feedback tools for monitoring process and outcome is the backdrop for reflecting upon the relationship between collaboration and a dialogue. When implement an evidence based method, it is evidence based that there is a group of person who are not helped by this method. This necessitates meeting service users with other forms of practice than an evidence based method. This turns therapists into searchers on a conceptual and practical journey for developing helpful manners for those who fall outside the range of evidence based methods.
Room - U6502

**Internalized Other Interviewing: Deconstructing Prior Patterns and Reconstructing Preferred Patterns of Interpersonal Interaction**

Karl Tomm

When a person’s sense of ‘self’ and ‘personality’ is conceived of as arising from a distillate of previously internalized patterns of interaction with significant others, it becomes easier to take initiative to enable change by bringing forth internalized ‘others’ and exploring the ongoing effects of one’s relationships with them. This workshop will offer some theoretical background for the specific technique of internalized other interviewing, provide a live demonstration with a volunteer, and encourage participants to give it a try in small groups.

Room - U4504

**Working with Communities in an Appreciative and Collaborative Way.**

Elsbeth McAdam

We have been working with schools and communities of disempowered people, (those in prison, street children who are using drugs and people living HIV,) in Africa, India and Europe. We work with groups of people using appreciative practices which enable friendships, and we-identities to grow and the confidence to live sustaining and meaningful lives often jointly doing things or starting businesses together back in their communities. In the case of young people, in collaboration with their parents/caregivers and teachers, the process results in their being motivated to return to education and to achieve their dreams feeling valued. A reflection from a facilitator: “The relational reflexivity and responsibility is evident in all exercises, which makes the Friends feel they belong, are seen as competent by others, valued and respected. They have learnt to ask questions which makes them more curious about others and the world. They connect back to their roots and see they have positive stories they can bring with them to the future. They dream their futures and have started a number of entrepreneurial activities together.”

Room - U4505

**Towards Post-Therapeutic Diversity: Stranger Than Fiction**

Eugene Epstein, Manfred Wiesner, Lothar Duda

The combined economic power of psychology, psychotherapy and psychiatry has, over the last several decades, succeeded in creating new vocabularies of the self and identity. The psychological well-being and suffering of the person have become both objectifiable as well as quantifiable. The psychiatric and psychotherapeutic nomenclatures that pervade all aspects of our daily lives, compel and constrain us towards continually recreating our selves as psychological selves. In the interest of individual quality control, we develop and implement our own personal self-improvement programs. In other words, we are all potential patients in the pursuit of self-optimization. Do the established and dominant “therapeutic discourses” really represent the gold standard for reflecting upon, processing and understanding our lives? What lies beyond this therapeutic state? Propelled forward by these questions, we will engage with participants around a kind of cineastic kaleidoscope, reflecting upon the diversity and possibilities of a post-therapeutic future.

Room - U3505

**Children’s Stories, Children’s Solutions: Collaborative Therapy with Children and Families**

Jeff Chang

In this workshop, Jeff will introduce a practical, collaborative, and playful approach to engaging children and their families in therapy, based on a social constructionist approach to knowledge. Integrating examples from expressive arts, narrative, and solution-focused approaches, and using transcripts, this paper will describe how to apply social constructionist ideas to developing engaging, practical interventions with children and their families, which attend to the relationships in their lives that matter.
Room - S6207
No Fit State – Working on the Edge of Boundaries
Jeff Faris, Kieran Vivian-Byrne, Mary Morris, Billy Hardy: The Family Institute Team
The Family Institute is a psychotherapy, consultation and education project (45 years old) seeking to privilege the processes of communication over the content. We practice the art of recognizing “threshold moments” and study how to position ourselves in the conflicting realities constructed between educational establishments, professional bodies and state mental health policies. In contexts of austerity of thought, freedom and resources how do we find best fit to liberate ourselves, colleagues and clients. How to negotiate the fit / no-fit in consensually validated reality of the therapeutic state?

Room - U5110
Working Relationally in Public Services that Prioritize Diagnosis: Weaving Collaborative Networks of Hope
Glenda Fredman
In this workshop I will share stories of how my colleagues and I have used a Collective Document methodology to sustain ourselves and hold onto relationally oriented collaborative practice whilst working within contexts prioritizing individual, diagnostic approaches where practitioners are informed by different and sometimes conflicting discourses. Participants will have a chance to witness and participate in this practice which creates opportunity for groups and communities to make a contribution to each other, thereby making possible a form of social action that can contribute to hope and healing.

Room - S6502
Therapy Interrupted: Performing Social Therapy
Christine LaCerva, Pal Erik Carlin
Attendees will be introduced to social therapy, a collaborative approach that focuses on emotional development and group creativity. In contrast to traditional approaches, social therapy interrupts the therapeutic dialogue in favor of a collaborative, philosophical, non-explanatory discourse that relates to emotionality and the pain it can produce as a socio-cultural activity. Attendees will discover ways to challenge the problem-solution paradigm and the authority of the therapist and embrace the power of the group as the unit of growth.

Room - U4507
No Diagnosis, No Therapy, Just Life-to-Life, Face-to-Face Engagement
Jim Wilson and John Shotter
We believe that psychiatric diagnoses are ‘after the fact’ and ‘beside the point’. As we see it, therapeutic conversations do not involve any special techniques, or the use of any special models, theories, protocols, or (manualized) recipes. They do, however, require all participants to orient towards, and to stay oriented towards, exploring the question: “What is it like to be the X-kind of person you are?” with the aim in mind of helping people to come to feel ‘more at home’ in their own lives, so to speak.

Room - M5301
Seeing the Strengths and Potential in Young Individuals
Ingebjørg Mæland
This will be a presentation about Arbeidsinstituttet (AIB), an institute where students come for the year when they are not able to complete work in the public secondary school. Ingebord and her students will show how we have transformed the culture by applying Appreciative Inquiry and strength based tools to the organization. You will hear how this development work has made a difference in the life of the youths. We will show you some of the practical tools we use every day to achieve this. The workshop participants will get to experience how we have applied both the theory behind Appreciative Inquiry and social construction in practice. We will vary between dialog and practical exercises. The youth will show how we use the tools in practice.
Saturday Morning – 11:00 to 12:30

Room - S4502
**Diversity in Therapeutic Performances: Transforming the Therapeutic State From Within**
Margit Epstein

Recently, the concepts of mindfulness, compassion, acceptance and wisdom have been integrated into more traditional clinical practices and research on an individual practice level as well as on an institutional level. We will discuss the question of how these and other concepts can challenge and possibly overcome dominant therapeutic assumptions about the construction of therapeutic relationships, thus transforming the therapeutic state slowly but steadily from within.

Room - U3505
**Promoting Change: Impacts of an Unusual Clinical Staff Training Program-SYMPA- Systemic Acute Psychiatry**
Cornelia Oestereich

In the psychiatric hospital of Wunstorf near Hannover (Germany) a multiprofessional and transhierarchial training of the staff will be described. This training in systemic thinking, reflections and methods changed the therapeutic culture for in-patients: family participation and social system participation in treatment; systemic self-reflection: to understand symptoms within social contexts; empowerment: making use of the expertise of patients, relatives and significant others; negotiating about the best treatment; significantly increasing cooperation and reducing violence. The presenter is the senior doctor of the psychiatric department. She oversees a decade of systemic practice in acute psychiatry after the training. The experiences of the systemic practice and conversations within the hospital routine will be shared and the applied methods will be explained and demonstrated.

Room - U4505
**Sleeping with the Enemy: A Solution Focused Approach to DSM**
John Pihlaja

Training non-diagnostic therapists for a diagnosis-oriented public health system: Some old challenges and some new perspectives from the Helsinki Psychotherapy Institute three-year training programs.

Room - Auditorium
**Social Justice and Therapy: Strange Bedfellows?**
Dan Wulff, Sally St. George, Karl Tomm

We invite our colleagues to join us in stimulating conversation about including social justice talk in our therapy sessions concentrating on these challenges: 1) non-consensus as to what social justice actually is, 2) risking the use of therapy as a means for covert colonization into therapist values and/or institutional priorities, 3) labeling behaviors as signs of “mental illness” when they more likely reflect evidence of social injustice, and 4) the belief that social justice can only be accomplished by overt activism and conflict rather than by collaboration.

Room - M5301
**The Great Escape: Collaborative Working and the Loosening of the Shackles**
Susannah Melville, Leah Salter

The workshop is a lively discussion of how an alternative approach to “treatment as usual” is a viable and safe alternative in the treatment for eating disorders. We will explore the insights into the processes involved when breaking free from AN including, the challenging of the systems that have helped to maintain it. This will be an interactive workshop based on our experiences of working systemically with eating disorders and we will invite participants to join the dialogue.
Room - U6507

**Relational Constructionist Performance and Practice in Generative Therapy**  
Edgardo Morales, Frances Ruiz Alfaro, Zoeli Ayala Garcia  
This presentation will illustrate how the ideas of relational constructionism have been used as the basis of our clinical work with children, families, adults and immigrants in Puerto Rico. This generative approach employs innovative dialogical practices, collaboration, and the skillful use of client resources and knowledge to relationally engage clients, disrupt dominant stories, evoke alternate relational performances, promote the re-authoring of narratives and implement new possibilities and alternative futures.

Room - S6502

**Ohana and the Creation of a Therapeutic Community**  
Celia Quintas  
This presentation will demonstrate how a postmodern, collaborative approach to a group therapy project called Ohana, impacted the ways in which persons diagnosed with a chronic mental illness recreated their identities, thereby affecting their ways of relating to others and to themselves. This research project took place at an outpatient mental health setting, and offered new understandings in our pursuit for communal well-being. It documented the unique participation of group members in the co-creation of new knowledge and better understanding of human relationships.

Room - S6207

**Trauma Healing with Prisoners and Crime Survivors**  
Ellen Barry  
This workshop focuses on the transformational process of bringing trauma healing programs to men, women and juveniles in US prisons and jails. The Insight Prison Project has developed a range of restorative justice-based practices that we teach to other facilitators and practitioners. Prisoners who participate in these programs collaborate with crime survivors and outside facilitators to reach a level of extraordinary change and transformation in which prisoners take responsibility for the ways in which they have harmed others while understanding the ways in which they have been harmed through childhood abuse and crime survivors find peace and resolution through their participation in the process.

Room - U4504

**Understanding Individual Suffering in a Diagnostic Culture**  
Ester Holte Kofod, Mikka Nielsen, Mette Rønberg  
In a diagnostic culture, people’s understandings of deviance and distress are to a large extent mediated by the language offered by psychiatric diagnoses. In this workshop, we want to address how these psychiatric understandings inform, but also how they are negotiated and sometimes contested in people’s interpretations of and practices related to suffering, distress, and problematic life conditions. Examples are drawn from our qualitative studies of (1) adults diagnosed with ADHD, (2) depression, and (3) bereaved parents, and will be the starting point for a joint discussion about alternatives.

Room - S6206

**No Social Workers, Psychologists or Psychiatrists: Wanted Someone to Understand**  
Patricia Miller  
This presentation will give an insightful overview of a peer support couples group that offers monthly gatherings for couples living with HIV. The inception of the peer-support model was birthed from a PAR project; including sero-discordant couples, who generated dialogue and developed the peer support monthly couples group. The presentation will bring forth the journey of cross-pollinating the needs of the couples, beyond the constraints of medical model interventions.
Special Event

Friday Nite at the Movies - The Therapeutic Horror Picture Show: A Cinematic Collage
At the Union Brygge Hotel - 21:00 to ?
Eugene Epstein, Manfred Wiesner, Lothar Duda

Therapeutic language has permeated all aspects of our culture and society. Here we will invite participants to have a drink or two, eat some popcorn and laugh or cry with us about our therapeutically infiltrated world.

Special Offering – all day Friday and Saturday
Room - S5610
Who are you? - Jasmina Sermijn (stop in to see this video presentation)

In the video-triptych Who are you? Jasmina Sermijn and Patricia Goemaere are placing question marks by the unity, invariability and universality that is typical for the western identity concept. Through rhizomatic encounters, they challenge the observer/spectator to make – out of multiple perspectives – acquaintance with the infinite agility, multiplicity and singularity of a Deleuzians ‘dividu’. Not a closed unity, no fixed essence, just ruptures and lines of flight.
Poster and Paper Presentations

Friday Evening Reception – In the Cantina
17:30 – 19:30

Paper

Constructing the “Client”: A Critical Examination of Institutional Discourses of Addiction, Recovery, and Treatment
Emily Doyle, Tanya Mudry
Not everyone who struggles with addiction is eligible to become a client – there are broader discourses at play that sanction what is considered “addiction” and who can become a “client” in treatment. In this presentation we will unravel some of the “work” contributing to the constructions of “client” using Institutional Ethnography and Discourse Analysis, and discuss how counselors perform discourses of “recovery” through their interaction with individuals, texts, and institutions.

Paper

From Victimhood to Sisterhood- the Setting Up and Continued Development of an Island Community Support Group for Women Who Have Experienced Sexual Abuse, Rape or Sexual Assaulted
Leah Salter
This paper will explore the relational context of a female therapist’s role in the setting up and facilitation of a group for women who have shared experiences of trauma and abuse. Exploring the changing relational contexts between the women as they move towards a position of sisterhood and the changing definition of experience as the language shifts from a binary discourse of "other than" to a collective definition of sisterhood/ "wholeness".

Paper

Identity, Change, Strengths, Context, and Participation: A Framework for Transforming Public and Applied Mental Health Research and Practice
Francisco Jose Eiroa Orosa
The aim of the presentation is to summarize, integrate and implement research about transformative mental health interventions, concepts and frameworks; as well as to pilot innovative projects to inform these, supported by information technologies (i.e. research on resilient users, impact of social and cultural changes on psychosocial wellbeing and possible implications for public mental health policies).

Paper

Interrogating the "Therapeutic State": Self-Understandings and Practices of Helpfulness in the Work of Eva Illouz and Jan Fook
Karen Ross, Monica Sesma-Vazquez, and Tom Strong
Eva Illouz suggests that contemporary self-understandings, understandings of others, and practices of self-help and helping others come from a popular culture saturated by therapeutic discourses. We examine these understandings and practices of being helpful, adapting the critically reflective ideas of Jan Fook to reconsider taken-for-granted media understandings and practices of therapeutic helpfulness. We propose conversational practices to question and transcend the limiting understandings and practices of the therapeutic state.
Paper
**Interviewing the Intervention: What Happens When You Apply CBT to CBT Therapy?**
Tanya Mudry, Emily Doyle
In this presentation we illustrate the steps and outcomes of applying a CBT intervention on CBT itself. We examine potential maladaptive thoughts, feelings and behaviors, as well as mood logs and other CBT tasks as a means to encourage reflexivity in the use of therapeutic approaches in the practice of counseling. We invite discussion about how rigidly adhering to the principles of CBT might be at odds with the practice itself.

Paper
**Listening For Relational Openings: The Heart of Relationally-Responsive Therapy**
Jeff Chang, Monica Sesma-Vazquez, Karen Ross
The practice of psychotherapy, dominated as it is by the pressure for “empirical support,” has tended toward reductionism via manualized treatment and a focus on skill development. The proliferation of training offering “models” may teach trainees to execute question sequences to performance a particular model, overemphasizing technique at the expense of relationship. This paper uses a transcript of a consultation interview conducted by the first author at Calgary Family Therapy Centre, to deconstruct the interview and stimulate a reflective conversation between three authors.

Paper
**Multiple Stories: Collaborative Possibilities for the Psychological Evaluation**
Frances Ruiz-Alfaro
This paper explores a collaborative approach to psychological evaluation employed by the author through her clinical work with children, adolescents and adults in Puerto Rico. A critical reflection founded on relational constructionism will question the discourses and social practices embedded in traditional assessment. Conversational processes that co-create a relational space that re-signifies the practice of evaluation will be presented as a generative alternative to existing assessment practices.

Paper
**Using Reflecting Processes in Faculty Peer Review of Teaching**
Anne Morrison
The reflecting processes have been used in therapeutic and supervision settings as a means to proceed in life through the process of dialogue. It is in this context that I suggest these egalitarian and collaborative qualities can serve to create supportive and non-threatening relationships in education as our work is reviewed by colleagues.

Paper
**The Uniqueness of the Moment**
Anna Margrete Flåm
A qualitative study of children’s first signs to their caregivers of sexual abuse, can illustrate the uniqueness of moments for most important sharing and dialogues to occur. It illustrates how dialogues can be shared or closed, and how that very moment can create divergent paths to go on - both for children and for adults. It put focus on how understanding of events in the present, more than being determined by events in the past, their being formed by anticipations, by their possible exploration and evolving into the future through anticipations and signs given during a present moment. It can illustrate how a dialogical attunement is called for.
Co-Designing Education: The Imagineering Approach for Social Change
Celiane Camargo-Borges
Education can be a powerful tool to inspire and support change. However, traditional approaches on education have been focusing on content-transfer, not empowering people to be the change. The Imagineering design methodology offers a theoretical framework to enable a more relational, collaborative and interactive educational settings, educating people to engage in social innovation and social change. Bringing illustrations from two educational programs we will explore and discuss some concepts and tools that enable co-creation, engagement and relational responsibility in learning processes, creating therefore sustainable futures.

The Therapist’s Internal Voices in the First Consultation Session of Family Therapy and Couple Therapy
Barbara Józefik, Feliks Matusiak, Bartosz Treger (co-authors: Bernadette Janusz, Jakub Bobrzyński)
The purpose of the poster is to present a part of the results of a qualitative analysis of the first consultation sessions of family therapy and couple therapy in order to discuss it and to share how doing this research influenced on our therapeutic practice. The inspiration for the present research was provided, among others, by the papers by Peter Rober, written individually or in collaboration with other researchers, formulating assumptions of the dialogical analysis of storytelling in a therapeutic encounter (Robert 2005a; 2005b Rober; Robert et al. 2008; Rober et al. 2010).

Disarmed Warriors: Dialog and Narrative Practice on the Margins
Victoria Lugo
I will be presenting ideas and learning based on the PhD dissertation: “Disarmed warriors: narrative with youth ex-combatants in Colombia.” We created together a dialogical and narrative practice that allowed the youth to restore a sense or worth regarding what they are and what they can become, to enrich perspective of time lived and yet to be lived and to re-construct a sense of “we”.

Generating a Counter Story for Professional Practice
Edgardo Morales, Zoeli Garcia
This poster presentation will describe the “Counter Story” group in the web based Taos Ning Community and the different ways that one can participate in it. The group seeks to create a depository of stories that will represent an alternative account to the dominant narratives of professional practice. We hope to inspire participants in the conference to join our group and contribute their own stories of imaginative socio-constructionist practice and research.

Feedback Informed Therapy: Co-creating a Culture of Feedback and a Space for the Client’s NO.
Karine Van Tricht, Peter Rober
Context, Institute for Marital, Family and Sex Therapy, UPC KU Leuven, Belgium.
Psychiatrists and psychologists warn against the dangers of reducing mental health care into a market economy model and equating psychotherapy as an economic product. As accountability is the norm, policy makers want to build their decisions on quality control systems so psychotherapy can be objectified, quantified and compared with an external standard. Given these social trends, we were inspired by common factors theory and persuaded to give, as much as possible, multiple voices to all our clients in this debate. Challenged by the complexity and specificity of therapy with couples and families, our quest focused on the development of a multidimensional protocol for client feedback that could be implemented in the broad field of family therapy nowadays.
Dream Weaving – Envisioning the Future and Creating Small and Bold Steps Forward

Saturday, June 28 in the Cantina

14:00 – 16:30 PM

14:00 – 14:15 – Participants choose their circle group or topic group. 10 people per group. One Dream Weaver facilitator for each table. Dream Weaver selects a volunteer scribe to keep notes and fill in the group collective form.

14:15 – 14:30 – Introduction and overview of the table task for the afternoon.

14:30 – 14:50 – At tables, people first gather in a threesome to have a conversation around these questions:

1. From your experiences at the conference and beyond, what ideas have you developed about how to move away from diagnosis and drugs to other ways of helping people who have been treated in this manner?
2. Now imagine and share with each other what changes might be made to develop new ways of working together to help people who have been diagnosed or taking psychotropic drugs?
3. What steps (both small and bold) might we take to help us move towards realizing that new vision?

14:50 – 15:30 – Threesomes then share out with the whole table group the highlights from their conversation. The scribe captures all the ideas and generative conversations and summarizes them on flip chart paper. Then, as a group discuss and begin to create ideas about the future possibilities. On flip chart paper, use images and pictures to help depict the ideas being explored, the scribe and the group create a presentation of sorts to share with the whole group.

15:30 – 16:00 – Everyone (except the Dream Weaver and the scribe) is invited to roam the room, “a gallery walk”, to visit other tables, hear about their topic, offer new ideas, and then return to their first table.

16:00 – 16:30 – Table groups finalize the ideas and small steps/bold steps, come up with a slogan, and a 3 sentence summary of their conversations. Each person completes the worksheet for him/herself and the scribe creates a Table worksheet from the collective ideas in the group. Fill in the form to capture the specifics, the small steps/bold steps, the slogan, and the “hope” for the future.

16:30 – Break

17:00 - 18:30 - To Be Continued... Plenary
Dream Weaving Worksheet for Individuals and the Table Groups

Working Together to Move Beyond the Therapeutic State

Table #: _______________________________________________

Dream Weavers ____________________________________________________

For the last 30 mins of your table group time (16:00 – 16:30), help each other complete this form individually and also create a worksheet collectively for the whole group. The Dream Weaver will collect this for the final plenary presentation.

<table>
<thead>
<tr>
<th>What is your topic/theme?</th>
<th>What two things did your group identify as most helpful in Moving Beyond the Therapeutic State?</th>
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</table>

<table>
<thead>
<tr>
<th>What is one small thing you can do when you leave here today to move Beyond the Therapeutic State?</th>
<th>What is one Bold thing you can do when you leave here that will make the biggest impact?</th>
</tr>
</thead>
<tbody>
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</table>
What would help you in taking the small step? And what would help you in taking the bold step? | What might be a good outcome of your having taken even this small step?

As a table group, write an ad or slogan (to be shared with the rest of the conference) that will be something that everyone remembers for years to come (something catchy and bold) and then write a 2-3 sentence goal or hope for your group’s topic/theme.

Each person will keep a copy of this worksheet for themselves and then the Dream Weaver will give one collective group worksheet to the final plenary team.
Presenter Bios

Frances Ruiz Alfaro - Puerto Rico - fruizalfaro@yahoo.com
University of the Sacred Heart in Puerto Rico
Frances completed her Ph.D. in Clinical Psychology at the University of Puerto Rico. She currently teaches at the University of the Sacred Heart in Puerto Rico. As a clinician, she has developed a special sensitivity for working with children and their families and is particularly interested in themes related to attachment, relational constructionism and performative and generative practices in psychotherapy.

Harlene Anderson - USA - harleneanderson@earthlink.net
The Taos Institute and Houston Galveston Institute
Harlene Anderson, Ph.D., is founding member of the Houston Galveston Institute, the Taos Institute, and Access Success. She is recognized internationally as being at the leading edge of postmodern collaborative practices as a thinker, consultant, coach, and educator. She takes her tools -- her insights, her curiosity, her engaging conversational style, her leadership skills and her keen interest -- to help professionals turn theory into new and often surprising possibilities for their clients, students, and organizations.

Ellen Barry – USA - ellen@barry.org
Insight Prison Project
Received her J.D. from N.Y.U. School of Law, and subsequently founded and directed the widely recognized non-profit organization, Legal Services for Prisoners with Children. She is one of the original 25 founders of the Critical Resistance movement challenging the prison industrial complex throughout the world. In 1997, she received a Soros Senior Justice Fellowship, and in 1998 she received a MacArthur “Genius” Fellowship. She was nominated for the Nobel Peace Prize along with 999 other women activists from around the world, and was awarded the NYU Law School Public Interest Lawyer of the Year in 2013. She currently serves as the E.D. of the Insight Prison Project in San Rafael, CA.

Jakub Bobrzyński - Poland
Jagiellonian University, Medical College
Jakub Bobrzyński M.D. family therapist at Family Therapy Department of Jagiellonian University, Medical College, Cracow, Poland.

Celiane Camargo-Borges - Netherlands/Brazil - celianeborges@gmail.com
NHTV Breda University of Applied Sciences
Celiane Camargo-Borges, Ph.D., Lecturer and Research coordinator at Imagineering Academy, NHTV Breda University of Applied Sciences, The Netherlands. Taos Institute Associate and member of the advisory board of Taos Institute Europe.

Pal Erik Carlin – Norway - pecarlin@hotmail.com
East Side Institute
Pål Erik Carlin is a clinical psychologist who have been working with children, adolescents, couples and families in Special needs schools, Child and Adolescent Outpatient clinics (BUP) and is now working at Enerhaugen Family Therapy Center, Oslo, Norway

Jeff Chang – Canada - jeffc@athabascau.ca
Athabasca University/Calgary Family Therapy Centre
Dr. Jeff Chang is Associate Professor at Athabasca University, Calgary, Alberta, Canada, and a clinical supervisor Calgary Family Therapy Centre. Over the last 20 years, he has focused on the similarities and distinctions among the postmodern therapies.

Emily Doyle – Canada - edoyle@ucalgary.ca
University of Calgary
Emily Doyle is a PhD candidate in Counseling Psychology at the University of Calgary. Her counseling experiences include addictions counseling, wilderness/experiential learning with adults, narrative therapy, and systemic family therapy. Her doctoral research focuses on the social organization of recovery work in the field of addictions counseling.

Lothar Duda – Germany - lothar.duda@me.com
Eugene Epstein, Manfred Wiesner and Lothar Duda have been friends and colleagues for more than twenty years. They do therapy, teach, supervise and train in a variety of settings in Germany. As systemic psychologists sharing social constructionist assumptions, they are continually experimenting with new forms of teaching and training that utilize popular media to create contexts for fostering diversity and polyvocal perspectivity.

Francisco Jose Eiroa Orosa - United Kingdom / Spain - f.eiroa-orosa@uel.ac.uk
University of East London
After working in the Universities of Hamburg, Autonomous of Barcelona and Edinburgh, Fran joined the University of East London in 2013 as a Senior Lecturer in Positive Psychology and International Humanitarian Psychosocial Consultation. Fran is interested in understanding psychosocial wellbeing in the context of complex multidimensional problems such as addictions, trauma, migration, or social change.

Eugene Epstein – Germany - eugene@epsteinx.de
Eugene Epstein, Manfred Wiesner and Lothar Duda have been friends and colleagues for more than twenty years. They do therapy, teach, supervise and train in a variety of settings in Germany. As systemic psychologists sharing social constructionist assumptions, they are continually experimenting with new forms of teaching and training that utilize popular media to create contexts for fostering diversity and polyvocal perspectivity.

Margit Epstein – Germany - epstein@livingtalk.de
Private Practice
Dr. Margit Epstein is a clinical psychologist and certified yoga teacher and has over 20 years experience as a clinician and teacher in the field of Systemic Psychotherapy. She works in private practice in Oldenburg and Berlin, Germany. She is an adjunct faculty at the University of Osnabrück as well as senior trainer at the SIA Institute, Berlin.

Jeff Faris – Wales - jeffrey.faris@southwales.ac.uk
The Family Institute, University of South Wales
Jeff has years of experience consulting to teams and organizations across a range of institutions and practices. He is interested in how meaning is constructed and behavior is organized within complex systems. He has a special interest in applying these ideas to interactional and contextual understandings of leadership and group processes in learning and teaching.

Anna Margrete Flåm – Norway - anna.m.flam@uit.no
UIT The Arctic University of Norway
I am a psychologist, at the moment working at the Institute of Psychology at UIT The Arctic University of Norway.

Glenda Fredman - London - glenda.fredman@thembisa.com
Camden and Islington
NHS Foundation Trust
Glenda Fredman is a clinical psychologist and systemic psychotherapist, London UK. She is committed to enabling collaborative ethical practice within public services. She works at all levels of organizations with people in therapy, staff in training, teams and services in consultation. She is author of 'Death Talk'; 'Transforming Emotion', co-edited 'Being with Older People' and is freelance trainer and supervisor.
Zoeli Ayala Garcia - Puerto Rico - zoeli63@gmail.com
University of Puerto Rico
Zoeli is a Ph.D. candidate in Clinical Psychology from the University of Puerto Rico. She is currently researching the ways through which the image of the psychotherapist is constructed in virtual space. As a psychotherapist, she incorporates her talent as a writer, her interests in metaphor and her sensitivity as a jazz singer, in the improvisational practice and performance of generative psychotherapy.

Kenneth Gergen – USA - kgergen1@swarthmore.edu
The Taos Institute and Swarthmore College
Kenneth J. Gergen is a Senior Research Professor at Swarthmore College, and President of the Taos Institute. He has served as president of two divisions of the American Psychological Association, and the Associate Editor of both the American Psychologist, and Theory and Psychology. Gergen has been a major contributor to social constructionist theory and practice. Among his major works are Realities and relationships, soundings in social construction; The Saturated Self; and An invitation to social construction. His recent book, Relational being, beyond self and community, represents a major contribution to relational theory and practice. Gergen’s work has merited numerous awards, including honorary degrees in both Europe and the US, foundation support, and international fellowships.

Carina Häkansson – Sweden - carina@familjevardsstiftelsen.se
Familjévårdsstiftelsen (Family Care Foundation)
Carina Häkansson is the founder and Director of the Family Care Foundation in Gothenburg, Sweden. One of her most important missions is to extend the therapeutic work, in practice, as well as in research and by taking part in social and political movements. For more see: http://www.madinamerica.com/2013/04/carina-hakansson-family-care-foundation/

Billy Hardy – Wales - billy.hardy@southwales.ac.uk
The Family Institute, University of South Wales
Billy has extensive experience as a systemic psychotherapist and consultant to organizations and teams working in the mental health sector. He has developed over the years creative edges in working within and around mental health institutions. He brings this experience and creativity into his work with his students on psychotherapy training programmes.

Bernadette Janusz - Poland
Family Therapy Department of Jagiellonian University,
Bernadetta Janusz, Ph.D. psychologist, family therapist and supervisor of psychotherapy, at Family Therapy Department of Jagiellonian University, Medical College, Cracow, Poland.

Barbara Józefik – Poland - bjozefik@cm-uj.krakow.pl
Jagiellonian University Medical College
Barbara Józefik, professor at Child and Adolescent Psychiatry Department, Jagiellonian University, Medical College, Cracow, Poland, a clinical psychologist, family therapist and supervisor of psychotherapy, the chief of Family Therapy Outpatient and Laboratory of Psychology and Systemic Psychotherapy;

Ester Holte Kofod – Denmark - ester@hum.aau.dk
Department of Communication and Psychology, Aalborg University, Denmark
Ester Holte Kofod, psychologist and PhD student at the Department of Communication and Psychology, Aalborg University (DK). Ester studies loss experiences among bereaved parents, the significance of socio-cultural frames and resources for individual experiences of loss and grief, and parents’ experiences of participating in The Danish Infant Death Association's activities.

Christine LaCerva – USA - clacerva@socialtherapygroup.com
East Side Institute
Christine LaCerva is the director of the Social Therapy Group in NYC. As the leading practitioner, Ms. LaCerva has pioneered a unique, collaborative, performatory group approach to child and family therapy that focuses on emotional development and collective creativity.
Gerrit Loots – Belgium - gerrit.loots@vub.ac.be
Gerrit Loots is professor at the Faculty of Psychology and Educational Sciences of the Vrije Universiteit Brussel and visiting professor at the Instituto de Investigaciones en Ciencias del Compartamiento (IICC), Departamento de Psicología of the Universidad Católica Boliviana “San Pablo” at La Paz. He is the head of the VUB research group Interpersonal, Discursive and Narrative Studies (IDNS).

Victoria Lugo – Colombia - victoria.lugo@ucaldas.edu.co
Universidad de Caldas
Vicky is Professor of Psychology in the Faculty of Social Sciences at the Universidad de Caldas in Manizales, Colombia. She is currently a candidate for the PhD at TAOS/ Tilburg program. Her dissertation is about “Disarmed warriors: Narratives with youth ex-combatants in Colombia”.

Daniel Mackler – USA - dmackler58@gmail.com
Daniel Mackler is the director of four documentary films on recovery from psychosis without medication. Three have been subtitled in upwards of twenty languages and screened worldwide. He is also the co-author of two books, including “Beyond Medication: Therapeutic Engagement and the Recovery from Psychosis” (Routledge, 2008). Previously, Daniel was a psychotherapist in NYC for ten years.

Ingebjorg Mæland – Norway - Ingebjorg.Meland@bfk.no
Ingebjorg Mæland has a broad field of experience working with youth of different walks of life. Ranging from youth in the Criminal Justice system to Child and Adolescent Psychiatric services to Outreaching services into consulting the District County office of Education on special needs education. In 1998, she has became the head of Arbeidsinstituttet Drammen, and after a merger of four separate Arbeidsinstituttet in 2003, she became the head of the whole organization. Her educational background is in social science. Currently, she is obtaining a Masters in Educational leadership. She has also been a local politician for 8 years in Nedre Eiker County. She has also been on the board of Sparebanken Øst for 12 years.

Feliks Matusiak – Poland - fmatusiak@gmail.com
Jagiellonian University Medical College
Feliks Matusiak,M.D, psychologist at Family Therapy Unit and Laboratory of Psychology and Systemic Psychotherapy of Child and Adolescent Psychiatry Department, Jagiellonian University, Medical College, Cracow, Poland.

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Retired from NHS
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Celia Quintas is a clinical private psychotherapist in Florida and an Associate of the Taos Institute. She was raised in Brazil but lived in Europe for years where she learned several languages, which also allowed expanding her understanding and flexibility in dealing with people. Celia completed a Masters Degree in Education and later in Mental Health Counseling. She has worked in community mental health centers, private psychiatric hospitals and currently in private practice. Her work and research focus on topics involving social constructionist ideas in our understandings of mental illness and social justice. She concluded her Doctoral Degree from Nova Southeastern University, Florida in 2012.

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Robert Whitaker is the author of four books, two of which tell of the history of psychiatry. His first, Mad in America: Bad Science, Bad Medicine and the Enduring Mistreatment of the Mentally Ill was named by Discover magazine as one of the best science books of 2002. His newest book on this topic, Anatomy of an Epidemic: Magic Bullets, Psychiatric Drugs, and the Astonishing Rise of Mental Illness in America, won the Investigative Reporters and Editors book award for best investigative journalism in 2010.

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