

**Tilburg University**  
**TAOS / Tilburg University Ph.D. Program**

**Teresa Gloria Sonia Quintana Puschel**  
geboren op 27 maart 1954 te Temuco, Chili

**Tesis para optar al grado de Doctorado en Ciencias Sociales**  
**“Construcción de significados en un mundo relacional**  
**desde las posibilidades de cada persona”**

**"Construction of meaning in a relational world from the possibilities of each person"**

**"Construction of meaning in a relational world from the possibilities of each person"**  
**Summary**

The central theme of the thesis presents a conversation between the perspective of social constructionism which states that the self is constructed in language and shared domains, and therefore so does meaning also, and the perspective that focuses on the person, the who, with a biographical history, immersed in a relational world. It emphasizes the uniqueness of the mean, based on the organization of exclusive joint and neural patterns of protein cells that give neurophenomenological specificity to significance, which is expressed in and admits to codes in a shared world.

The purpose of this paper is to explore how we can appreciate singularity, understood as a background of biography, a seal or stamp that is expressed in and through interaction with the environment, if it exists and if it can be discovered in the therapeutic encounter, and how can this allow us to meet with another. In the relational dialogue we develop and co-construct realities and meanings; characteristics emerge at the same time that seem to be inherent of a matrix or configuration of each subject, which are difficult to determine separately, and are involved in the relational domain.

The analysis focuses on the perspective of the person in 1st person, in a relational dialogue, i.e. a constant interaction with the world, therefore, the joint or connection between 1st and 3rd person. Hence the idea of neurophenomenological uniqueness as a background with biological historicity that expresses itself, takes shape and meaning in relationship with others.

The analysis and reflection lead towards the end to the foundation of singular significance, which is expressed and charged with sense in a shared world, through language. In addition, and in accordance with the teaching and psychotherapy performance, and with the conception of the self (selves) which are constituted in shared spaces, some reflections on the training of students in psychotherapy and the possible application of the disputed were described.

## “Conclusions”

Bearing in mind the above, reflection and analysis leads us to raise – making the option not to point it concludes, because it is a permanent ongoing process – that although, from the perspective of the analysis, and according to the empirical history it is possible to substantiate the neurophenomenological uniqueness or specificity in the dialogue, in practice multi-verses co-exist and therefore depends on the perspective of each person, the gaze that assumes in his therapeutic work and in his dialogical relationship.

It is emphasize that this uniqueness, in particular the significance of world and self development, will be co-constructed, re-organized, re-learned in the dialogue, supported by a base of biological specificity, so it will have portions that will be feasible to put into words, to the extent of the emergence of consensual spaces and shared codes, insofar as there will be aspects that will not say. Therefore the therapeutic dialogue shall be understood as a game of both languages and self (selves) placed in the present, in terms of experiences that occur or emerge as unique moments, which has among its objectives to generate new views, in other words, disrupt to generate new cellular connections and promote a change of meaning.

*A conversation that transforms and transmutes itself, on the basis of recognition of the uniqueness of individuals.*

Keywords: meaning, singularity, self, dialogue, psychotherapy