

Naomi B Rather, LCMHC

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Experience:

2012-Present: Adjunct Faculty, University of New Hampshire, Social Work Department. Teach graduate course “Human Behavior in the Social Environment” to first-year MSW students.

2012-Present: Owner, Naomi B. Rather, LCMHC, PLLC. Provide outpatient psychotherapy to individuals and couples. Current areas of specialty include trauma, EMDR, couples, grief and parenting.

2003- 2012: Partner, Chestnut Hill Counseling Associates, Dover NH. Provided psychotherapy to individuals, couples and families. Areas of specialty included trauma, EMDR, grief, couples, families and adolescents. Provided support and mentoring to new staff therapists through case consultation.

1999-2001: Counselor, The American Community School of Cobham, Surrey, England.
Provided assessments, counseling, prevention and intervention programs for Upper School day and boarding students. Typical topics included Substance Abuse, Eating Disorders, Depression, Sexuality and Expatriate Issues. Implemented overnight program for incoming freshman, GOLD (Girls Only Leadership Development.) Implemented and presented parental educational program aimed at substance abuse prevention, *Parent to Parent 2000*. Provided psycho education for administration and staff.

1998-1999: Clinician, Dr Maryanne Orcutt & Associates, Columbus, Ohio.
Provided outpatient individual therapy. Areas of focus

included adolescents and trauma.

- 1995-1998** Staff Clinician, Community Relations Liaison, Dublin Counseling Center, Dublin Ohio
Provided individual, couples, family and group counseling to diverse Community Mental Health agency clients. Areas of focus included at-risk adolescents, groups and divorce. Developed therapy group In Transition, for individuals in all stages of divorce. Provided on-site emergency services for area high schools. Represented agency at various community events, including fund-raisers.
- 1990-1993** Consultant, PREP (Prevention and Relationship Enhancement Program.)
Utilizing program developed at The Center for Marital and Family Studies, University of Denver, taught couples communication skills. Assisted Doctoral students researching marital conflict by coding their data.
- 1983-1988** Sales Representative, Liberty Mutual Insurance Co., Englewood, Colorado. Sold Personal Lines Insurance, consistently finishing in top tier of region, and qualifying for Liberty Leaders. Opened first small office in region.

Relevant Volunteer Positions:

- 2015-Present** Co-founder, Seacoast EFT. Provide and participate in monthly peer supervision for EFT trained clinicians, organize quarterly and annual trainings, member of planning committee for New England EFT. Create monthly podcast for couples.
- 2003-2011:** Volunteer, Seacoast Hospice. Provided direct service to terminal patients, co-led groups for suicide and typical bereavement, trained new volunteers and staff on topics of boundaries and listening skills. Created and presented *Parenting Grieving Children*, a six-part parenting series.

Education and Certification:

- 2017:** Ph.D. Tilburg University, research topic: Collaboration across Disciplines in Healthcare.
- 2017:** Certified in Emotionally Focused Couples Therapy (EFT)

2003: Certified in EMDR (Level II trained 1998)
1996: MEd., Social Agency Counseling, University of Dayton
1982: B.A., Biology University of Colorado at Boulder